



**St. Peter's Parish  
Port Hood  
July 9, 2023**

Contact Information

Fr. Sunny Sebastian, Pastor  
1-902-787-3317

Parish Office

(902) 787-3317

Parish Office Hours

Wednesday to Friday from  
10.00 am to 12.00 pm.

Website

[www.saintpetersporthood.com](http://www.saintpetersporthood.com)

Email

[stpetersporthood@gmail.com](mailto:stpetersporthood@gmail.com)

Pastoral Council Chairperson

Leon Livingstone  
(902) 787-3041

CWL President

Anne E. MacDonald  
(902) 787-2213

KOC Grand Knight

Jack Redden  
(902) 787-2042

Baptisms

By appointment, please call.  
Parish Office

Marriages

Please call Parish Office at least  
six months in advance.

Sacrament of Reconciliation

Tuesday to Friday from 5:15pm  
to 5:45pm

To book Parish Hall call:

Ann MacDonald 902-787-2213  
Ellen Murphy 902-631-0613

Bulletin

parishbulletin@hotmail.com  
Send notices no later than 12  
noon on Wednesdays.  
Please note that bulletin notices  
may be edited for  
brevity or clarity.  
Thank you,  
Tudi MacEachern

## Parish News

### Mass Schedule

4:00 pm on Saturday and 10:00 am on Sunday

Date	Readers	Eucharistic Ministers
Sat. July 15 4:00pm	Ellen Murphy	Donnie McIlhone
Sun. July 16 10:00 am	Brian MacDougall	Catherine Trenholm
Weekday Masses		
Mon. July 10	6:00pm Special Intention by Fr. Eugene Morris	
Tues. July 11	9:00am (R)Wayne Murphy by Sandy/Francene Gillis	
Wed. July 12	No Holy Mass	
Thur. July 13	6:00pm (R)Karen Waye by Eileen/Hughie John	
Fri. July 14	6:00pm (R)Clifford Behrens by Joe/Carmen van Zutphen	

### Message from the Pastor

*"Come to Me, all you that are weary and are carrying heavy burdens, and I will give you rest" (Matthew 11:28).* During the days of the Second Vatican Council, Pope St. John XXIII used to submit all his anxieties to God with this prayer every night: "Lord, Jesus, I'm going to bed. It's your Church. Take care of it!" Dwight D. Eisenhower, the 34<sup>th</sup> President of America was aware of the inner rest derived from submitting one's daily life to God. He had that rest even though he was the supreme commander of the Allied forces in the Western Europe during the Second World War. His every decision during that awful conflict had monumental consequences. How did he deal with the pressure? He didn't try to carry his burden alone. He entrusted everything to God. At nights Eisenhower would simply pray, "Lord, with your grace I've done the best I can. You take over until morning."

Today we live in a world that is too busy...too stressed...to much complicated. A good number of people today suffers from mild to moderate depression, anxiety, loneliness, and other painful symptoms which are attributed mainly to stress. People of all walks of life see a need for less stress in their daily lives. Approximately half of all diseases may be linked to stress-related origins, including ulcers, colitis, bronchial asthma, high blood pressure and some forms of cancer. Unmanaged stress is a leading factor in homicides, suicides, child-abuse, spouse-abuse, and other aggravated assaults. The stress related problems take a tremendous toll on the economy also. So, everybody today seeks rest and peace in their lives. We cannot find the real peace and comfort anywhere except in Jesus Christ who said, "Come to Me, all you that are weary and are carrying heavy burdens, and I will give you rest" (Matthew 11:28) It is an invitation from Jesus to all those who are weary and are carrying heavy burdens, to go to him, and the promise from him that he will give comfort to them. Today we are burdened by many things: business, concerns about jobs, relationships, marriage, money, health, children, security, old age and a thousand other things. It is only by in Jesus that we can find peace, rest, and refreshment for our lives. So, Jesus asks us to cast away our burdens and take on his yoke. This is because, unlike the burdens we bear, His yoke is easy and His burden light. It is light because it is carried in love and love makes even the heaviest burden light. Our burden becomes light and easy when we remember that our burden is to love God, both directly, and by loving others, seeing God living in them. Let us unload our burdens of the day-to-day life before the Lord on the Altar and experience the peace, rest and refreshment Jesus has promised.

**House Blessing:** Those who would like to have their houses blessed and consecrated to the Sacred Heart of Jesus during the month of August may write down their names and other details on the **sign-up sheet** on the table at the back of the church.

**Holidays:** Fr. Sunny will be away for holidays from **July 10-29**. For Baptism and Funerals may contact Fr. Eugene Morris (902-787-3437) or Linda Beaton (902-902-787-3040). No reconciliation of Saturdays.

**Knight of the Year:** Port Hood KOC is happy to announce Billie Hector MacDonald as our 2022-2023 Knight of the year. Our sincere thanks extended to Billie for his dedication and service to the Council.

**KOC Monthly Meeting:** Members are reminded of the regular monthly meeting on Sunday, **July 16th, 2023, 7:30 pm** in the KOC room. Rosary at 7:00 pm.

**Chalice Sponsorship:** Chalice is Canada's largest Catholic child sponsorship program. It was founded by Fr. Pat Cosgrove of Halifax Archdiocese and now supports 50,000 children and elders in 13 developing countries. The need for sponsors is great and Chalice is currently looking for sponsors in the parishes of Inverness County. You can make a great difference to the life of a child and the family. **Sponsorship is \$42. Per month or \$504 annually.** Children are enrolled for sponsorship based on need and family circumstances. **On a table at the entrance to the church you will find nine brochures for children who are available to be sponsored through Chalice.** If you are willing and able to sponsor contact Bernie (Collie Sandy) MacDonald or John Gillies.

**The Cemetery Committee** extends a Thank-You to the parishioners who turned up on June 18 with their rakes and shovels for the workday in the parish cemeteries. Three loads of donated topsoil were placed and levelled at various low spots throughout the two graveyards. The leadership of the Knights of Columbus is appreciated in planning this workday. We also give thanks to all the parishioners who used their envelope in June to contribute for the upkeep of the cemeteries. We thank as well those who choose to mention St. Peter's cemetery as a source for memorial donations at the time of family bereavement. Finally, thanks go to Angus and Edgar for the fine work they do in keeping the parish cemeteries in tip-top shape. (Cemetery Committee: Hughie John Beaton, Bernie Gillies, John Gillies, Martha Gillis, Colleen MacLeod, and Fr. Sunny Sebastian).

**BBQ and Perennial Plant Sale:** The Cooperators of the Heralds of the Gospel are holding their annual fundraiser on Saturday, July 22nd from 12 to 2 p.m. 209 Main Street (rain or shine). Freshly made hamburgers on Hermina's famous homemade buns, as well as a wide variety of plants and bushes. Thank you for your support.

**Plaques:** In the past we offered families the opportunity to place the names of loved ones on a plaque in the back of the church. We plan to continue this practice. We will print and mount plaques on a bi-yearly basis. If you would like to have the name of someone engraved on such a plaque may pass that name on to Mary Buchanan at [maryfbuchanan1@gmail.com](mailto:maryfbuchanan1@gmail.com). The cost is \$200. Please make cheque payable to St. Peter's Parish Building Fund.

**Join us at the Chestico Museum for *Bidh Sinn a' Seannachas*** – Gaelic & Cultural Workshops (all ages welcome). Monday workshops cost \$15 and are on July 10, 17 & 24 from 9:00 until 10:30 AM. Learn Gaelic phrases, explore Gaelic song, music & dance, engage with our local lore, discover Nova Scotia's Gaelic geography and there will be stories. Tuesday evenings the cost is \$5 for stories, conversation, and tea. The presenters: July 11: John Gillies (Local History); July 18: Frances MacEachen (Gaelic Song); July 25: Betty Beaton (Music).  
Thigibh còmhla rinn - Join Us!

**The second ceilidh of the Chestico Museum Summer Ceilidh Series** will be Thursday, July 13th at 7 PM at the museum. Performing will be Joe MacMaster, Cathy Hawley, and the Boys from the Hood. Admission is \$5. Tea will be served.

**A Heritage Cookery** demonstration will be held at the **Chestico Museum** on Wednesday, July 12<sup>th</sup> from 10:00 to 11:30 AM. It will be presented by Mary Janet MacDonald of *Tunes & Wooden Spoons* and Cathy Gillies & Susan Mallette of the Chestico Museum. Light refreshments will be served. Tickets are \$15. Limited availability. Contact the Chestico Museum (902) 787-2244 for more information.

**The Chestico Museum** will be hosting a Genealogy Workshop on Friday, July 21, from 6:30 to 8:30pm and on Tuesday Aug. 8 from 1:00 to 3:00pm. Brenda Harrison and John and Cathy Gillies will be providing the workshops with techniques to help you. Registration is \$20.00 and you may pre-register by calling the Museum at 902-787-2244.

**The Judique Knights of Columbus** are having brunches on **Sundays, July 9th and 23rd** at the **Judique Community Center** from **10:30 to 12:30**. Adults \$12.00, children \$6.00.

**“Remember your church in your Will.”**